

**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**

**M.A. DEGREE EXAMINATION – SOCIAL WORK**

THIRD SEMESTER – NOVEMBER 2007

**SW 3805 - COUNSELLING**

AX 5

Date : 01/11/2007  
Time : 9:00 - 12:00

Dept. No.

Max. : 100 Marks

**SECTION –A**

**(10 X 2= 20)**

**(Answer ALL the questions .Answer to each question should not exceed 50 words)**

1. Define Counselling.
2. What is unconditional positive regard?
3. What is the purpose of defense mechanisms?
4. Mention any two goals of counselling.
5. What are strokes?
6. What is “ABC” of behavioural learning?
7. List any four skills of an effective counsellor.
8. Differentiate counselling and psychotherapy.
9. Give any four characteristics of an effective counsellor.
10. Define personality.

**SECTION –B**

**(4x10=40)**

**(Answer any FOUR questions. Answer to each question should not exceed 300 words)**

11. What are the different types of counselling?
12. What are the factors that determine the personality of an individual?
13. Highlight the importance of Reality Theory.
14. Describe the major components of a counselling relationship.
15. Write notes on ethical issues in counselling.

**SECTION–C**

**(2x20=40)**

**(Answer any TWO questions. Answer to each question should not exceed 600 words)**

16. Explain the stages of the counselling process with an example.
17. Discuss the importance of Cognitive Behaviour approach in counselling.
18. Discuss the importance of HIV/AIDS counselling and the role of a Social Worker.

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